

## Commuter Survey

1. Please record the approximate time that you are completing this survey.

\_\_\_\_\_ (EX: 7:30 AM)

2. What did you do during your commute this morning? Please mark all options that apply.

☐ Talked to someone on the train

☐ Talked on the phone

☐ Read a book or newspaper

☐ Slept

☐ Thought (by yourself)

☐ Worked on a computer

☐ Other: \_\_\_\_\_

3. How happy do you feel after your commute this morning? Circle your response.

0	1	2	3	4	5	6
Not at all happy			Somewhat happy			Very happy

4. How sad do you feel after your commute this morning? Circle your response.

0	1	2	3	4	5	6
Not at all sad			Somewhat sad			Very sad

5. How pleasant was your commute this morning, compared to your normal commute? Circle your response.

-3	-2	-1	0	1	2	3
Much <b>less</b> pleasant than usual			No more or less pleasant than usual			Much <b>more</b> pleasant than usual

6. How productive were you (that is, how much did you accomplish) during your commute this morning, compared to your normal commute? Circle your response.

-3	-2	-1	0	1	2	3
Much <b>less</b> productive than usual			No more or less productive than usual			Much <b>more</b> productive than usual

7. Did someone sit next to you during your commute? Circle your response.

YES

NO

**Please only answer questions 8 through 11 if you spoke with someone this morning.**

8. Please write as much as you can remember about the person with whom you spoke (name, ethnicity, age, occupation, etc.)

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9. For approximately how long did you speak to the person?

\_\_\_\_\_ minutes

10. How pleasant was your conversation with the person? Circle your response.

0	1	2	3	4	5	6
Not at all pleasant			Somewhat pleasant			Very pleasant

11. What is your overall impression of the person? Circle your response.

-3	-2	-1	0	1	2	3
Very negative			Neutral			Very positive

12. Did you do anything differently during your commute this morning than you would normally do? Circle your response.

YES

NO

13. What do you normally do during your morning commute? Please mark all options that apply.

- \_\_\_ Talk to someone on the train
- \_\_\_ Talk on the phone
- \_\_\_ Read a book or newspaper
- \_\_\_ Sleep
- \_\_\_ Think (by yourself)
- \_\_\_ Work on a computer
- \_\_\_ Other: \_\_\_\_\_

14. For each of the following items, check one box to indicate your response. There should be one check per row.

I see myself as:

	Disagree strongly	Disagree moderately	Disagree a little	Neither agree nor disagree	Agree a little	Agree moderately	Agree strongly
Extraverted, enthusiastic							
Critical, quarrelsome							
Dependable, self- disciplined							
Anxious, easily upset							
Open to new experiences, complex							
Reserved, quiet							
Sympathetic, warm							
Disorganized, careless							
Calm, emotionally stable							
Conventional, uncreative							

**Thank you!**

**PLEASE DROP THIS ENVELOPE WITH THE COMPLETED QUESTIONNAIRE  
INTO A MAILBOX AT YOUR EARLIEST CONVENIENCE.**